

# Beginning Rowing Classes

## Details

**Mondays & Wednesdays**

**5:30pm – 7:30pm**

**Minimum age**

**21 years old**

## Cost

**Rowing I: \$125**

**Rowing II: \$125**

## Beginning Rowing I

**July 6-July 22, 2020**

an introduction to the sport of crew rowing; includes some of the basic techniques and several sessions rowing on the Willamette River

## Beginning Rowing II

**July 27-August 12, 2020**

for successful participants from the Beginning I class who want to take the next step and make a stronger commitment to the rigors of rowing and training.

## To register

**Visit our website at**

**[corvallisrowingclub.org](http://corvallisrowingclub.org)**

**Questions? Contact:**

**[corvallisrowingclub@gmail.com](mailto:corvallisrowingclub@gmail.com)**



**fitness  
fun  
competition**

**[CorvallisRowingClub.org](http://CorvallisRowingClub.org)**